

Crisis Stabilization under the ID Waiver

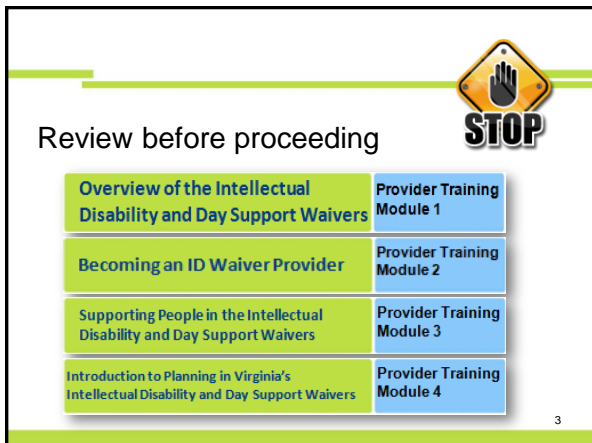
Provider Training Module 8

Division of Developmental Services
Department of Behavioral Health and Developmental Services
2013


ID Waiver Provider Modules

- 1 = Overview of the ID and DS Waivers
- 2 = Becoming an ID Waiver Provider
- 3 = Supporting People in the ID and DS Waivers
- 4 = Introduction to Planning
- 5 = Residential Services
- 6 = PA, Respite and Companion (Agency-Directed)
- 7 = Employment and other Day Services
- 8 = Crisis Stabilization – ID Waiver**
- 9 = Assistive Technology, Environmental Modifications and Transition Services
- 10 = Skilled Nursing
- 11 = Personal Emergency Response System
- 12 = Consumer Directed Services and Services Facilitation
- 13 = Therapeutic Consultation
- 14 = Service Authorization and Reimbursement
- 15 = Monitoring and Oversight

2



Review before proceeding



Overview of the Intellectual Disability and Day Support Waivers	Provider Training Module 1
Becoming an ID Waiver Provider	Provider Training Module 2
Supporting People in the Intellectual Disability and Day Support Waivers	Provider Training Module 3
Introduction to Planning in Virginia's Intellectual Disability and Day Support Waivers	Provider Training Module 4

3

Common Acronyms

- DSP = Direct Support Professional
- PCP = Person-centered Practices
- ID = Intellectual Disability
- DDS = Division of Developmental Services
- IDOLS = Intellectual Disability Online System
- QIDP = Qualified Intellectual Disability Professional (also referred to as QMRP)
- PBS = Positive Behavioral Supports

4

Crisis: a situation in which an individual has serious psychiatric or behavioral issues that jeopardize his or her current living situation.



5

Service Descriptions



6

Crisis Stabilization

- Is clinical intervention provided by qualified staff
- Focuses on preventing out-of-home placement
- Is temporary and intensive



7

Crisis Stabilization

- Includes evaluations, medication management and training for others
- May be provided in a variety of settings
 - ✓ at home
 - ✓ during respite
 - ✓ at day services
 - ✓ in the community



8

Crisis Supervision (with Crisis Stabilization)

- Crisis Stabilization may be combined with Crisis Supervision
- Provides **additional** DSP support
- Optional component
- 1:1 supports



9

Crisis Supervision (with Crisis Stabilization)

- Ensures safety of individual and others
- Only available if Crisis Stabilization is provided also
- May be provided by an alternate provider
- May occur during other services

10

Crisis Stabilization

Individual is experiencing...



One of the following

- Psychiatric, adaptive or behavioral support needs
- Extreme increase in emotional distress
- A need for continuous intervention
- Harm to self or others

11

Crisis Stabilization

Individual is at risk of...



One of the following

- Psychiatric hospitalization
- Emergency ICF/ID placement
- Immediate loss of community services
- Causing harm to self or others



12

Assessment required



Required and must be documented

- Services begin after face-to-face by a QIDP
- In cooperation with others as needed (such as MH professionals)
- Not reimbursed under ID Waiver

13

Assessment required

Initial and reassessments by QIDP with:

- one year of documented ID experience
- bachelor's degree in a human services field
- required Virginia or national license, registration, or certification, as is applicable

Must employ or contract with a QIDP

14

Assessment required

A face-to-face **reassessment** is needed to extend services beyond the 15 day limit.



15

DMAS Participation Agreement

Mail

- the completed Provider Enrollment Package and
- copy of license or certification to

Virginia Medicaid Provider Enrollment Services
PO Box 26803
Richmond, VA 23261-6803

or

Fax: 888-335-8476

16

Allowable Support Activities



17

Allowable Support Activities

Crisis Stabilization

- Assessments
- Medication management/monitoring
- Behavioral assessment/PBS
- Intensive care coordination
- Training to family/providers in PBS



18

Allowable Support Activities

Crisis Supervision (with Crisis Stabilization)

- One-to-one supports in order to ensure the safety of the individual and others in the environment.
- Follows clinical recommendations



19

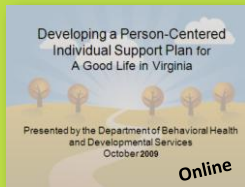
Crisis Stabilization

Documentation



20

Review the five PC ISP Modules on the DBHDS Website before participating in an individual's planning meeting.



<http://www.dbhds.virginia.gov/ODS-PersonCenteredPractices.htm>

21

Documentation



Crisis Stabilization (H2011) and Crisis Supervision (H0040) have separate Plans for Supports and documentation.

They are entered into IDOLS separately when provided by two different providers.

22

Documentation

Outcome example

8 Steve talks about his day in order to maintain a positive mood and have stable blood pressure.

Allowable support activities and instructions are detailed in a *Plan for Supports* (under an existing or new desired outcome)

23

Documentation



Support Log describes...

- dates and times of supports
- amount and type of supports
- person's response to supports

24

Optional Tool

's Crisis Support Tool		Date:
Escalation Phase	Crisis Phase	Calming Phase
What I do:	What I do:	What I do:
How I can help myself:	How I can help myself:	How I can help myself:
How others should respond:	How others should respond:	How others should respond:
Things to avoid:	Things to avoid:	Things to avoid:

for assessment
and planning

Crisis Support Plan and Guidance

25

Service Authorization



26

Service Authorization

Intellectual Disability Online System (IDOLS)

All Providers must be enrolled in IDOLS prior to providing services under the ID and DS Waivers.



IDOLS DMAS Memo 11-23-11

27

Service Authorization

- Hourly units (both Stabilization/Supervision)
- 15 day maximum per occurrence
- A reassessment required for each extension request
- No more than 60 days per calendar year

Request must be submitted to ODS via IDOLS within 72 hours of the initial assessment.

28

Service Authorization

Crisis Supervision can be provided at the same time as other services, but requires

- ✓ an additional DSP
- ✓ requires Crisis Stabilization
- ✓ an additional ISAR
- ✓ separate activities.

All requested hours must be based on documented clinical needs.

29

Service Authorization



Extended authorizations must be accompanied by...

- Summary of previous activities/results
- Reason for continued need
- Planned interventions and supports

30

Provider Qualifications



31

CS Providers



CS Clinical Services must be provided by...

Qualified professionals

Such as:

QIDPs, PBS Facilitators, LMHPs, etc

32

Provider Qualifications

Licensing

Have a DBHDS license to provide **Crisis Stabilization**.

OL Service Modification

33

Licensing: Service Modification

DBHDS

Virginia Department of Behavioral Health and Developmental Services

SERVICE MODIFICATION Provider Request Code of Virginia §37.2-405



Please use a typewriter or print legibly using permanent, black ink. The chief executive officer, director, or other member of the governing body who has the authority and responsibility for maintaining standards, policies, and procedures for the service may complete this application.

1. Applicant Information: Identify the person, partnership, corporation, association, or governmental agency applying to lawfully establish, conduct, and provide service:

Organization Name: _____ # _____

DBHDS License #: _____

<http://www.dbhds.virginia.gov/OL-default.htm>

Provider Qualifications

Licensing

Have one of the following DBHDS licenses to provide **Crisis Supervision**

Residential Services
Supportive In-Home Services
Day Support Services

35

Provider Qualifications

DMAS Participation Agreement

Needed to provide crisis stabilization or supervision under the ID Waiver.

DMAS Participation
Agreement

36

Provider Qualifications

DMAS Participation Agreement

Request:

WAIVER ENROLLMENT PACKAGE

13. TYPE OF SERVICE: (Please check all that apply)

- ☐ Assistive Technology
- ☐ Companion Services(Agency Directed)
- ☒ Crisis Stabilization
- ☒ Crisis Supervision
- ☐ Day Support
- ☐ Environmental Modification
- ☐ Personal Assistance
- ☐ Personal Emergency Response System

37

Provider Qualifications

Downloading the DMAS Provider Enrollment Package



<https://www.virginiamedicaid.dmas.virginia.gov/wps/portal>

Provider Services

Provider Enrollment

Available applications

Mental Retardation Waiver

38

Provider Qualifications

Complete or update the Provider Survey

To be considered by
individuals moving from
Training Centers



<https://www.surveymonkey.com/s/YZKFJC8>

39



Continue to modules...

Service Authorization and
Reimbursement

Provider Training
Module 14

Monitoring and Oversight

Provider Training
Module 15

40

Contacts:

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